



**FISHERS**

EST. 1872

**MENTAL  
HEALTH  
TASK FORCE**

**Transforming Policies and  
Partnerships Between  
Schools, Public Safety,  
Treatment Providers and  
Community Leaders**

**If a community was to marshal  
its resources around the  
challenges of mental health,  
what could and what should  
be done?**

**- FISHERS MAYOR SCOTT FADNESS**

# COALITION & STAKEHOLDERS



1

- Elected officials
- District administration and teachers
- Public safety leadership
- Faith leaders
- Community groups
- Health and mental health professionals
- Students, families and suicide survivors

# UNDERSTAND THE PROBLEM



2

- **What does the data say?**
  - Immediate Detentions
  - Deaths/Suicides
- **Talk to stakeholders first-hand**
- **Identify current systems of care**
- **Who is willing to lead alongside you?**

**TAKE YOUR TIME.**

# SYSTEMS & PROCESSES

3

- **Current response procedures**
- **Establish training standards for all**
- **School policies**
- **First responders**
- **Community health partners**

**BE HONEST, AND LEAD ON CHANGES**

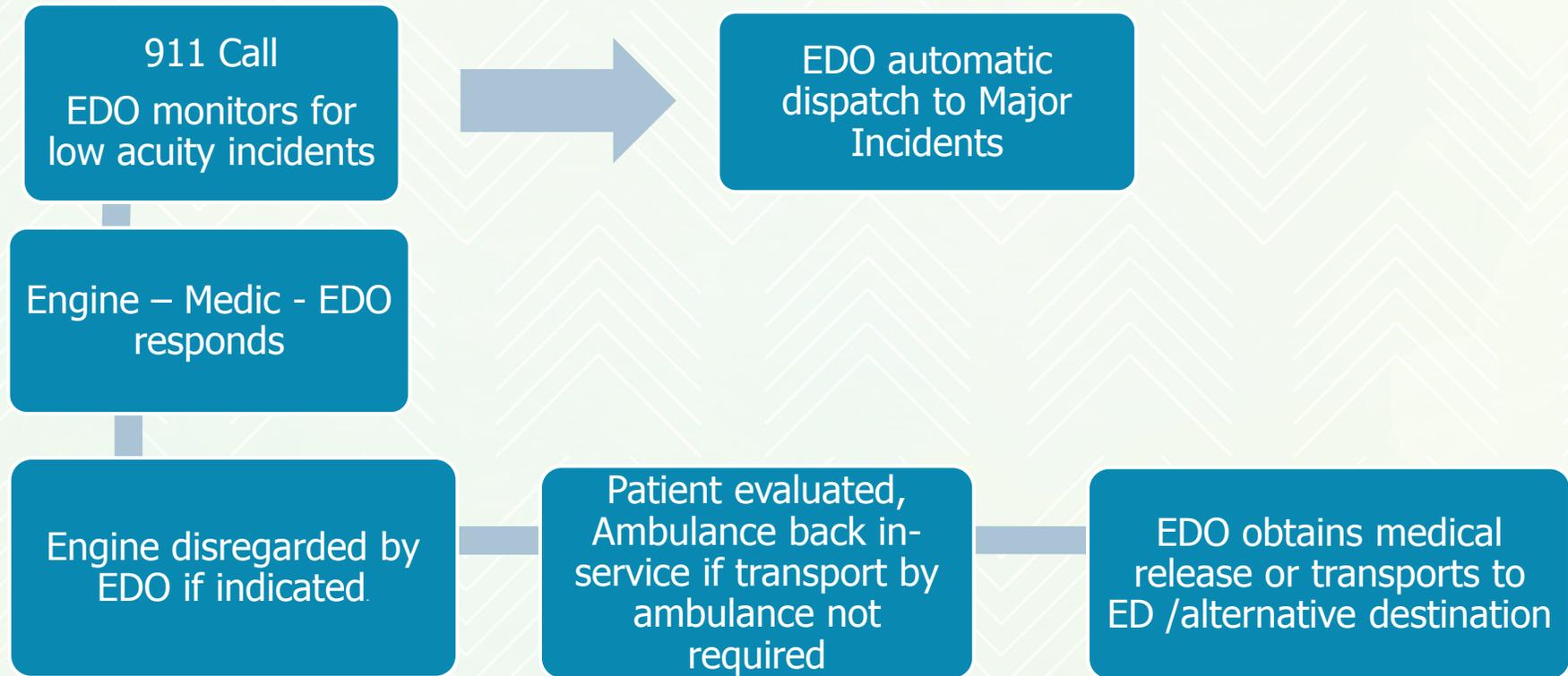
# PUBLIC SAFETY TRAINING

## **80** Crisis Intervention Team Trained

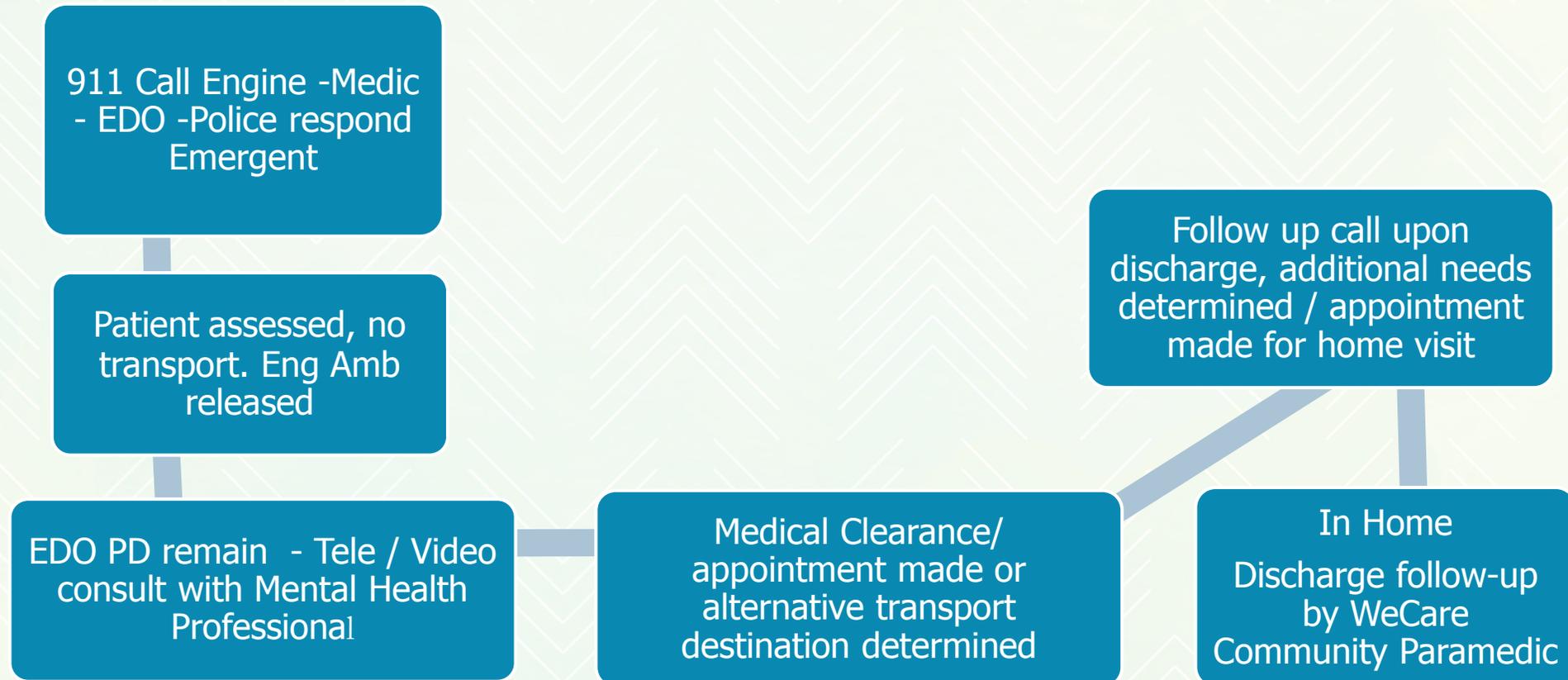
### **Additional Training**

- CIT 101 - Basic Crisis Intervention Training
- (SBIRT) Screening, Brief Intervention, and Referral for Treatment.
- Motivational Interviewing.
- CIT for Youth
- Columbia Suicide Severity Rating Scale

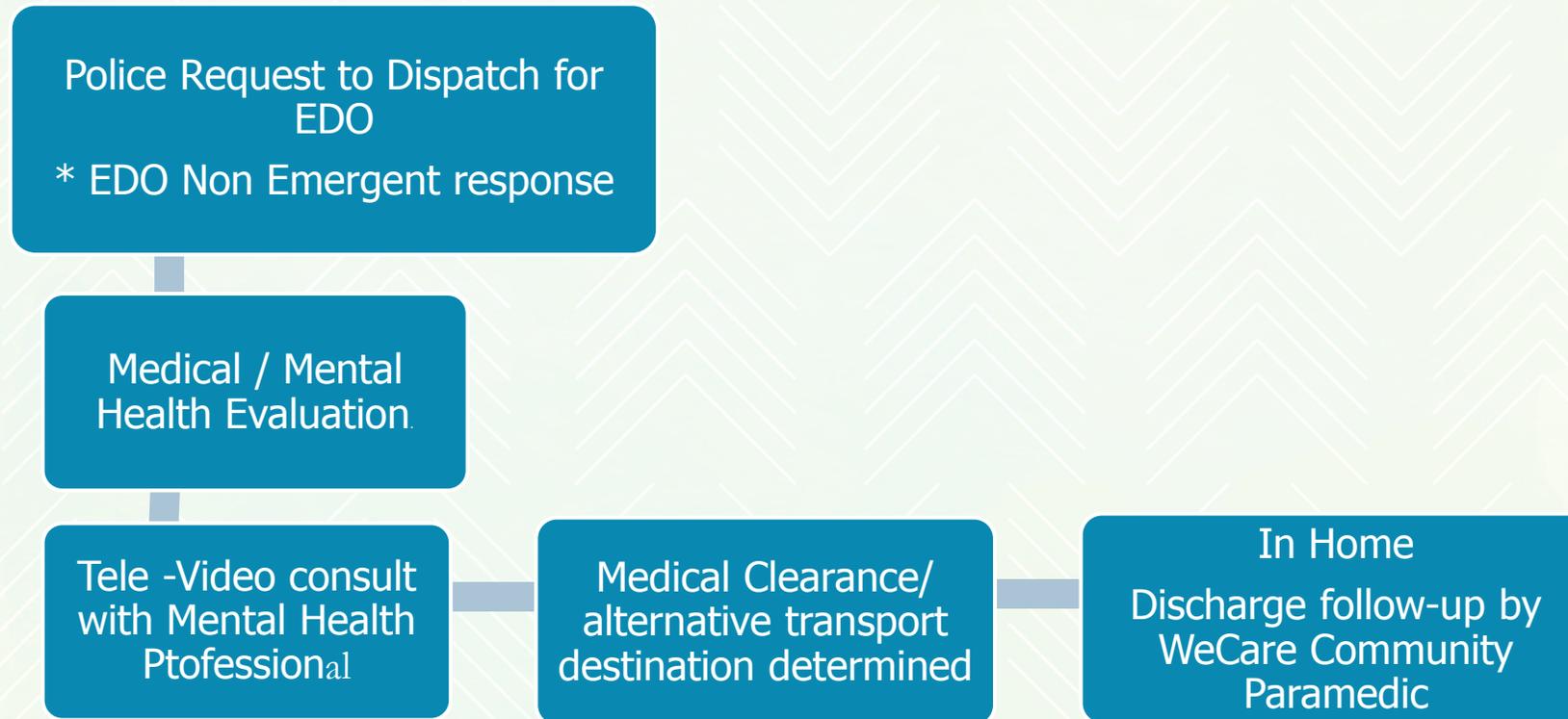
# EMS DUTY OFFICER (EDO) RESPONSE ALGORITHM



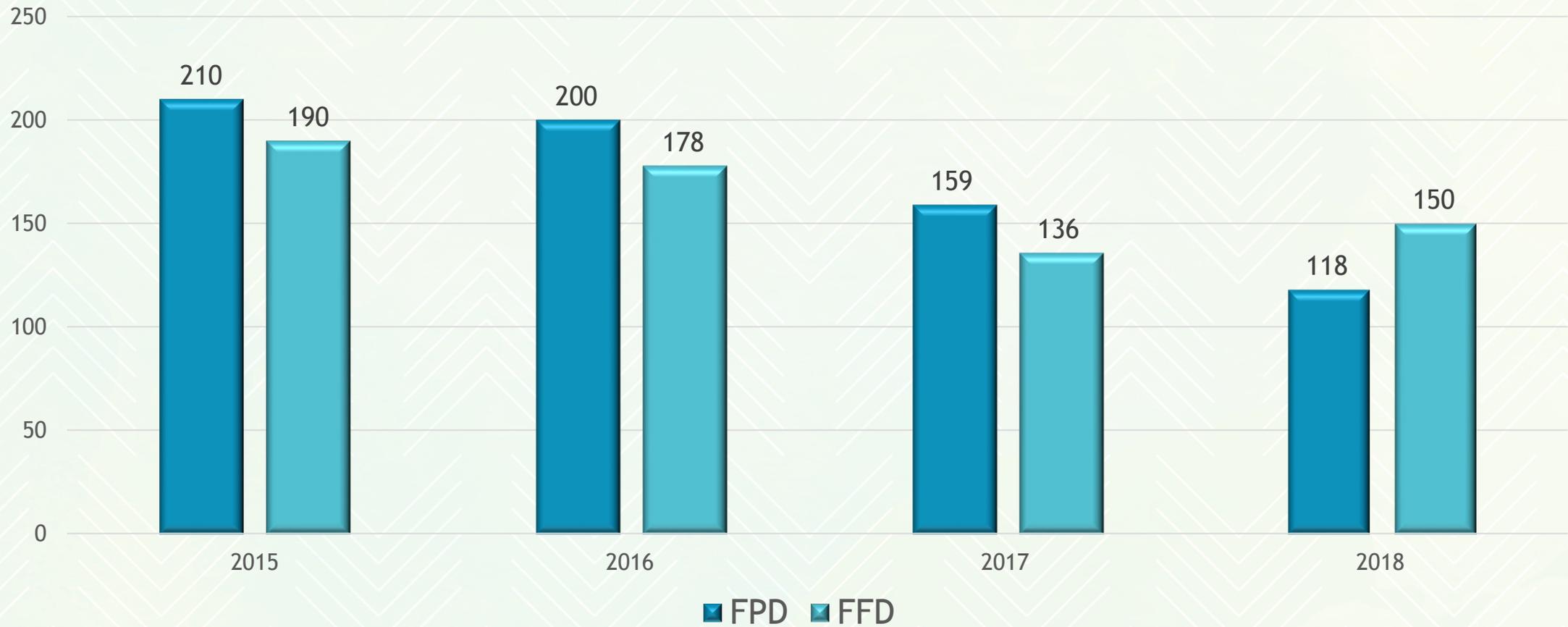
# 911 EMERGENCY MENTAL HEALTH RESPONSE



# 911 NON-EMERGENCY MENTAL HEALTH RESPONSE



# BEHAVIORAL HEALTH INCIDENTS – PUBLIC SAFETY TEAM 2015 - 2018



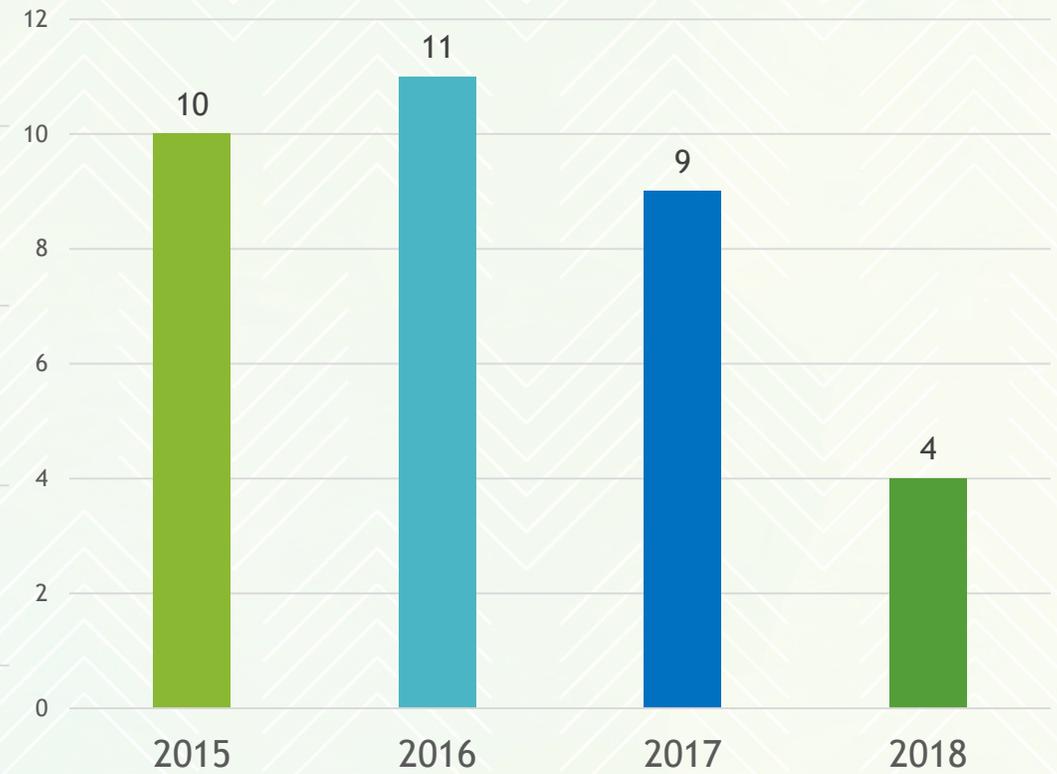
# POST INCIDENT FOLLOW-UP

- Weekly list of immediate detention individuals
- 72 hour follow up call
- Automated report of all mental health patients encountered each day to EMS division for follow-up call and entry into HealthCall (community paramedicine data system,) for follow-up calls and tracking
- Calls to patients determine additional needs.
- Monthly detail report (Dashboard to Chief)

# IMMEDIATE DETENTIONS



# ADULT SUICIDES



**ZERO YOUTH SUICIDES  
FOR 4 YEARS!**

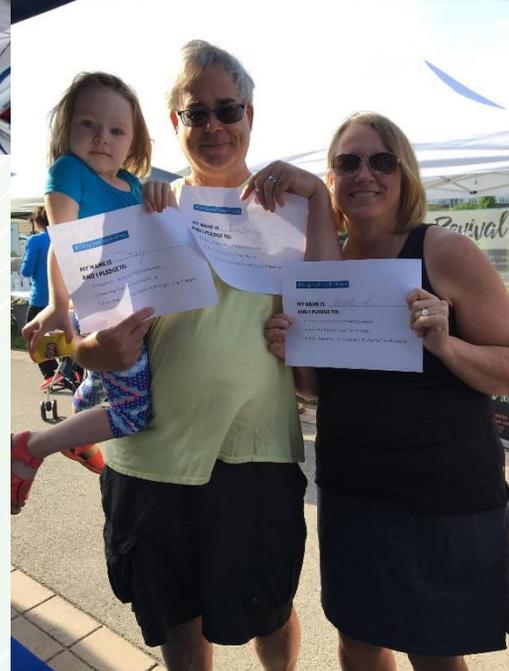
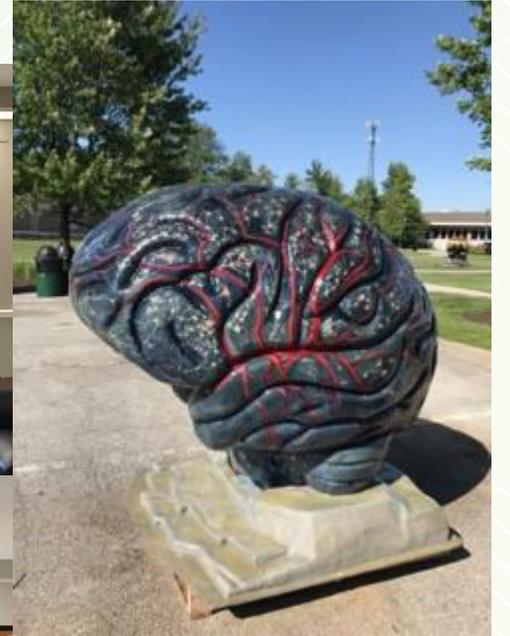
# TALK ABOUT IT



4

- **Stigma is real. Leadership combats it**
- **Public policy needs to change to make an impact**
- **Outreach campaigns, stakeholder meetings, business community all play a role**

**BREAK DOWN STIGMA TO CHANGE**



# PLAY THE LONG GAME



5

- Substantive and systemic change
- Public policy
- Sustained leadership and stakeholder involvement
- Move from triage to prevention

**THIS IS NOT AN AD CAMPAIGN, IT'S A CULTURE CHANGE.**

# ADVOCACY PRIORITIES

- **School Mental Health**
- **Coordination of Care While Respecting Privacy**
- **Paramedicine**
- **Mental Health Workforce**
- **Stigma Reduction and Mental Health Training/Education**

# ENGAGE WITH YOUTH



6

- Student mental health
- Change makers
- Student clubs
- Culture of sharing

**YOUTH ENGAGEMENT OFTEN  
LEADS TO ADULT ENGAGEMENT**



# STIGMA FREE STUDENT CLUBS

Over 100

- Students attending club meetings

50

- Students received suicide prevention training

27

- Club meetings

10

- Events held to reduce the stigma, share healthy coping strategies, and speaking engagements

7

- 8th grade wellness classes taught about mental health

# INCREASED PREVENTION OPPORTUNITIES

1,770 8<sup>th</sup> grade students

- Taught evidence based suicide prevention lessons

1,565 11<sup>th</sup> grade students

- Attended the Get Schooled Tour convocation

700 Students and Parents

- Attended the Screenagers viewing

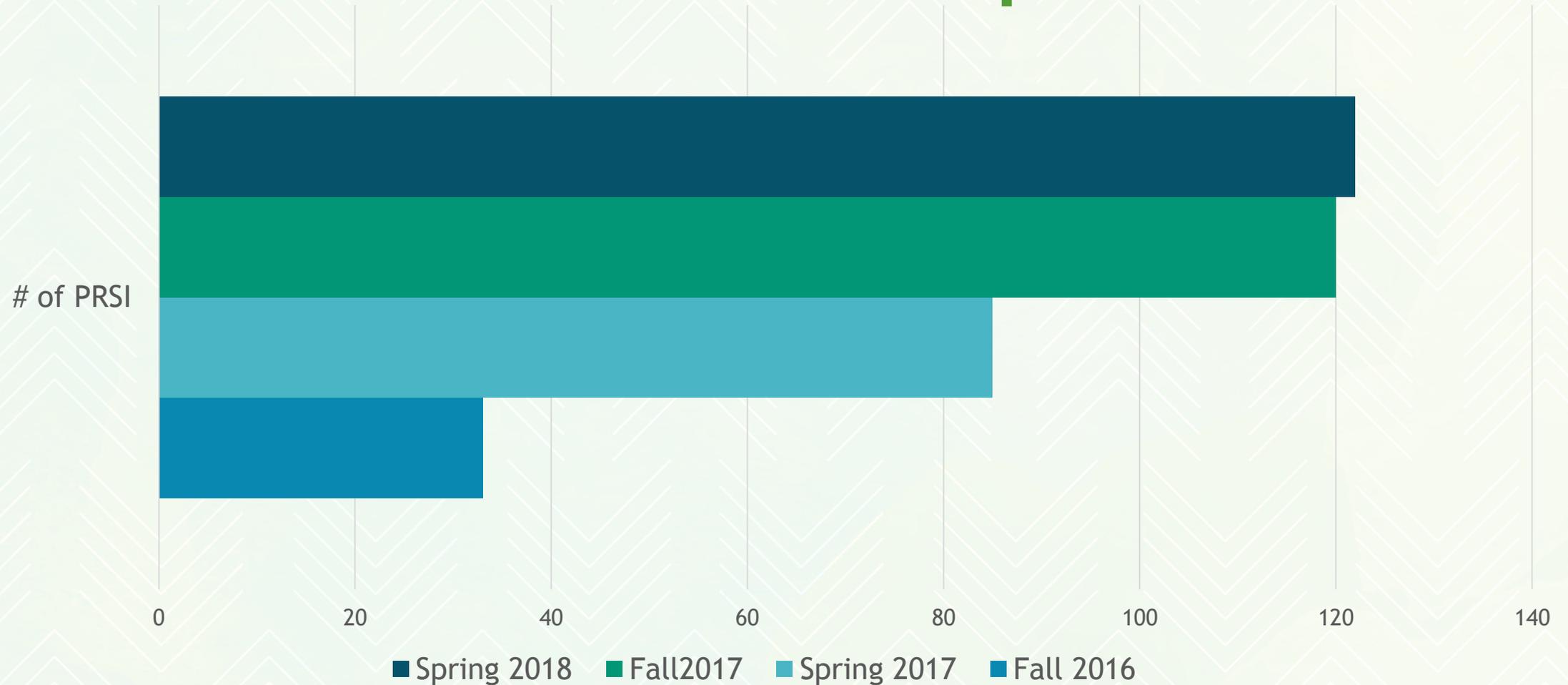
225 Parents and Students

- Attended the Night of Hope

12 Schools

- Hosted Dr. Jill Bolte Taylor's Brain Sculptures

# Culture Promotes Earlier Intervention: Increase in the number of Student Risk Assessments Completed



# WHAT DOES SUCCESS MEAN FOR SCHOOLS?



**State Testing  
Growth (NWEA)**  
Math: 83%  
Reading: 82%



**GPA**  
55.7% showed  
improvement in GPA



**Discipline**  
73% decreased or  
showed no change



**Youth Suicides  
<18 years  
since 2013**

# CONCLUSION

# A ROADMAP TO SUCCESS

1. INVENTORY YOUR COALITION AND STAKEHOLDERS
2. UNDERSTAND THE PROBLEM
3. AUDIT AND ADJUST RESPONSE SYSTEMS
4. TALK ABOUT IT
5. BE SUBSTANTIVE AND SYSTEMIC
6. ENGAGE WITH STUDENTS

# QUESTIONS?

